

INSTRUCTIONS

CONGRATULATIONS ON JOINING THE NEW WORLD OF SAFE CHanneled MAGNETIC J-PEDALS USERS!

Risky and Tenuous flats, clip and clipless with their pins, springs, cages, mechanisms that need adjustment, cleats that wear or don't release; are a **thing of the past!** **CHanneled MAGNETIC J-PEDALS** are extremely **SAFE** to ride; however, they contain powerful magnets that can pinch if not handled safely when installing. **J-PEDALS LLC** neither assumes nor accepts any liability for damages resulting from the handling or use of the magnets contained therein. The buyer assumes all risk. High pull forces incorporated into **PATENTED J-PEDALS** make **J-PEDALS VERY UNIQUE** in keeping your foot strongly attached to your pedal without sliding off.

Do not remove the magnets from pedals.

Do not insert the cleat into the pedal without first attaching to a shoe! It is difficult and hazardous to remove, keep hands, fingers, out of harm's way, use of gloves recommended. **Children should not** be allowed to handle J-PEDALS.

Use caution when installing onto bicycle crank. Keep the **8mm or (5/16") hex wrench** away from the magnets. **NOTE: LEFT PEDAL LEFT HAND THREAD!** You knew that!



Be aware that the pedals are attracted to things like other bicycle chains, bike racks, street signs, etc. Magnetic J-Pedals can on occasion pick things up from the ground if laid down in the dirt or roadway. **Please check pedals for debris after laying on the ground.**

Before venturing check out how quickly you adapt to J-PEDALS **SAFE EASY RELEASE**. **We love saying this- NO TWISTING REQUIRED!** **Just TILT or ROLL your foot outward!** a natural movement - **YAY J TEAM!**

. You with other J-PEDALS riders **will have confidence riding J-PEDALS, especially in** emergency situations. Some include being spared injury resulting from close encounters with a car, tipping the wrong way, losing balance, chain break, peloton close calls, pedal strikes, tight spots MTB-ing, many with your **foot still attached. THOSE HAZARDS ARE GONE!**

J-PEDALS are robust in design and function. J-PEDALS employ Channeled Magnetic Tech which have no clips, springs, pins, screws to wear, break, bend, or gouge! MTB pedal strikes, no problem, nothing to bend!

Riders as young as 11 have immediately adapted to J-PEDALS. **No more tip-overs or crashes with your foot still attached!** **NO gouges** in your calves and shins from pins! J-PEDALS were **invented to ELIMINATE YOUR ANXIETY** which exists with other pedals on the market. See how quickly you will...

“BE ATTRACTED TO YOUR BIKE!”

“BECOME ONE WITH YOUR BIKE”

“RIDE SAFE”

“RIDE FREE”

“FREE FROM TIPOVERS

And DANGEROUS PEDALS!”



SET UP NOTE

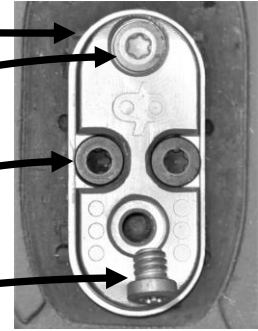
BECAUSE J-PEDALS CLEATS ARE USED ON BOTH MTB AND ROADIE - FILL SCREWS ARE USED TO MAINTAIN MAGNETIC INTEGRITY IN THE OFFSET MOUNTING HOLES WHEN NOT USED FOR MOUNTING. SEE FURTHER INSTRUCTIONS

INSTRUCTIONS

J-PEDALS MTB SET UP

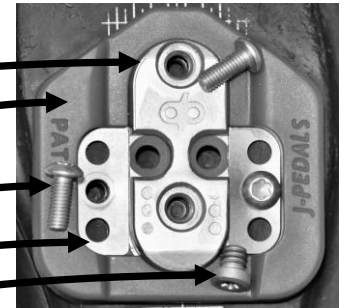
- J-PEDALS Cleats are switchable/rotatable, used on both MTB and ROADIE – uses same Pedal.
- 2 Fill Screws are used to maintain magnetic integrity in the mounting holes. Removing reduces the force.
- 1- Using a T-25 Torx wrench, install but keep the 2 Fill Screws loose.
 - 2- Orient Cleat with Fill Screw closest to the end toward the toe.
 - 3- Install 2 Flat Head screws, tighten.
 - 4- Tighten Both Fill Screws to bite into the shoe.

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SHOE TOE



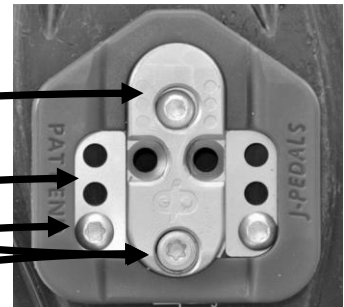
J-PEDALS ROADIE 3 POSITION SET UP

- J-PEDALS Cleats are switchable/rotatable used on both MTB and ROADIE – uses the same Pedal.
- FOR ROADIE- Cleats snap into a walkable base.
- Walkable Cleat Base – designed for 3 positions.
- Mounting screws mount it all to the shoe.
- Cleat Keepers bind cleat to base and shoe.
- Fill Screws - maintain magnetic integrity in the unused mounting holes.



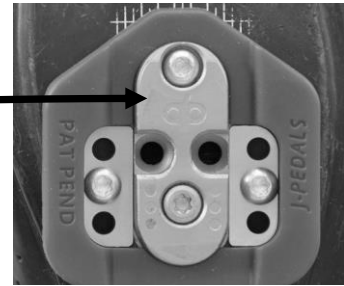
J-PEDALS-FORWARD POSITION (TOWARD TOE)

- 1- Orient Cleat in Cleat Base as shown.
- 2- Using a T-25 Torx wrench, install but keep the rear Fill Screw loose.
- 3- Install 2 Cleat Keepers.
- 4- Install 3 mounting screws, as shown, tighten.
- 5- Tighten rear Fill Screw to bite into the shoe.



J-PEDALS-MIDDLE POSITION (RECOMMENDED)

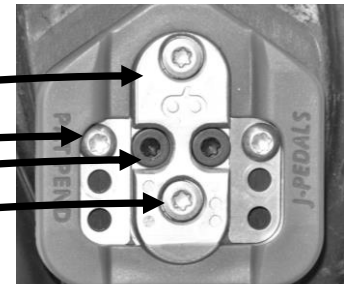
- 1- Orient Cleat in Cleat Base as shown.
- 2-5 Same as above



J-PEDALS-BACK POSITION (TOWARD HEEL)

Note- The back position will not use a forward mounting screw and will need 2 Fill Screws. Hence there will only be 2 mounting screws on the sides. Therefore, to be fully secure it is recommended a 5-hole Road shoe be used as shown.

- 1- Orient Cleat in Cleat Base as shown.
- 2- Install Keepers and 2 mounting Screws, tighten.
- 3- Install 2 Flat Head screws, tighten.
- 4- Install 2 Fill Screws, tighten.



Tools needed: T-25 Torx, 8mm or 5/16" Hex
REMEMBER! LEFT PEDAL-LEFT HAND THREAD

GO RIDE-RIDE SAFE-RIDE FREE!

FROM TIPOVER ANXIETY!

* Studies have found the closer to the heel the Cleat position is, the less fatigue on the calf muscles. J-PEDALS has accounted for this. (Neills Bike fit) EXPERIMENT WITH POSITION!